

Centennial Spiritline Tryouts -2026-2027

Open Mats (Cheer \$10 Each or Flat \$55 to attend all 6, Pom \$10 each or \$35 to attend all 4)

March 31st (Motions and Stunting)
April 2nd (Tumbling and Stunting-Pom as well)
April 7th (Motions and Dance-Pom as well)
April 9th (Stunting)
April 15th (Tumbling-Pom as well)
April 28th (Open-Pom as well)

All fees paid to our booster. Please make sure you put in the memo line athlete's name.
All clinics are 3:30-5PM

Cheer Clinics (Incoming Freshmen can attend all days)

Thursday April 30th 4-6PM
Friday May 1st 4-6PM
Check in will start at 3:30PM

Incoming Freshmen (Current 8th graders please do not leave school early. Come once you are done with school)

Final Cheer Tryouts (No Incoming Freshmen)

Saturday May 2nd 9AM-12PM
Check in will start at 8:30AM

Pom Clinics (Incoming Freshmen can attend all days)

Thursday May 7th 4-6PM
Friday May 8th 4-6PM
Check in will start at 3:30PM

Incoming Freshmen (Current 8th graders please do not leave school early. Come once you are done with school)

Final Tryouts (No Incoming Freshmen)

Saturday May 9th 9AM-12PM
Check in will start at 8:30AM

Clinic Rules and Guidelines

- All clinics and tryouts will be closed.
- Friends/family will not be allowed to watch at any time.
- All candidates will perform the same material during their tryout.
- Varsity Teams will be selected by the highest scores until there is a significant break in scores.
- The JV Cheer Team / JV Pom team will be selected from list immediately following the Varsity Selection
- Selection of the new teams will be made from a panel of judges and all decisions are final.
- Placement on the Varsity Cheer team is determined each year through the tryout process. All participants, including Seniors, must try out and earn their position based on skill, performance, and the needs of the team.

What to wear for Clinics

Cheer Clinics

- Form Fitting T-Shirt or Tank Top (No mid-drift showing)
- Soffee Shorts /Athletic Shorts / Nike Pros
- Spanks (Short Spandex) to wear underneath shorts
- Lightweight tennis shoes or cheer shoes and “no show” socks
- Please note we will be taking a headshot photo of you on Day 2.
- All returning members please do NOT wear any Spiritline clothing from past seasons.

Pom Clinics

- Form Fitting T-Shirt or Tank Top (No mid-drift showing)
- Soffee Shorts /Athletic Shorts / Nike Pros
- Spanks (Short Spandex) to wear underneath shorts.
- Jazz Shoes / Pirouettes Shoes (No Bare Feet or Socks)
- Hair must be a low tight bun.
- Please note we will be taking a headshot photo of you on Day 2.
- All returning members please do NOT wear any Spiritline clothing from past seasons.

What to wear for Tryouts

- Solid Black T-Shirt / Tank Top (No Mid-Drift Showing)
- Red / Navy / White Soffee Shorts or Solid Black Nike Pros
- Spank Shorts (Short Spandex) to wear underneath shorts.
- White no-show socks (Cheer)
- Tennis shoes/Cheer shoes (Cheer)
- Jazz Shoes / Pirouettes (Pom)
- Hair pulled back into high pony (Cheer)
- Hair low tight bun (Pom)
- Do not have hair hanging in / on your face.
- All returning members please do NOT wear any Spiritline clothing from past seasons.

What to Take Out or Not Have for Clinics and Tryouts

- All Body piercings!! Including belly rings, earrings, etc.
- All other jewelry (watches, necklaces, etc.)
- Nails that are longer than your fingertips are not permitted.

What You Will Need to do for Tryouts

Cheer: Cheer, Chant, Band Dance, Jumps, Tumbling, and Stunting.

Pom: Chant, Band Dance, Pom Combo, Jazz Solo, A la Seconde & Pirouette Turns, Jumps and ANY tumbling (aerials).

Numbers

On the second day of clinics, you will be given a number that will be assigned to your name. Do **NOT** trade numbers with anyone otherwise they will be trying out for you. Incoming Freshmen you will be given a name tag. Freshmen CANNOT participate in Tryout Day (Final Day) but are allowed to attend all Clinics during the week.

Cell Phones

All cell phones need to be on off position or on vibrate please. No phone calls during the clinics and tryouts. Demonstrate a positive attitude and good sportsmanship always. Be respectful to the girls who are trying out with you as well as the ones showing the material.

Tumbling

You will have the opportunity to perform both standing and running tumbling skills. Standing skills will include a back handspring, tuck, and other varieties of standing tumbling connected. Running skills will include round off handsprings, tucks, layouts, fulls, combos, etc. If you can tumble, you will perform your skills solo at tryouts. If you need a spotter, we ask that you do not do the pass. We do not want you to hurt yourself and can only get a spot during clinics not at tryouts. If you are chosen for a team, you are expected to be working on these skills throughout the year. We will also offer additional tumbling classes during the week.

Financial Commitment

All Spiritline members will be given several opportunities to fundraise money for various items throughout the year and are expected to take advantage of these opportunities. If team members do not raise enough to cover the individual cost, then they will be asked to pay out of pocket. Any team member that needs financial assistance or in a hardship should talk to coaches. Tax Credit donations are great for raising funds to be used. It's never too early to ask family and friends to donate. Here is a breakdown of the full season. Remember these payments are broken up over time and not all due at once. We will apply fundraisers to each kid's account as we process and complete them.

Injuries

For the safety and success of the entire Spiritline program, all athletes must be free from illness and injury for a minimum of two weeks prior to any scheduled competition. This policy ensures that each team member is physically prepared to perform the required skills safely and at full capacity. If an athlete becomes ill or sustains an injury within the two-week period leading up to a competition, their participation in the competition routine may be adjusted or withheld. The timeline for an athlete's return to the competition routine will be determined at the discretion of the coaching staff, based on the athlete's health, safety, and readiness to perform. The coaching staff reserves the right to make final decisions regarding routine placements in order to prioritize athlete well-being and maintain the integrity of the team's performance.

PUSD Rule and NEEDS to be a Tax Credit

Participation Fee is Due in August or during school registration. Fee's will be shared once we get an amount.
Fees will go up due to override budget.

All Teams Breakdown (Keep in mind amount is before any fundraisers are applied)	
Bows	\$60 (Red/Navy/White/Pink)
Poms	\$80 (Red/Navy/Pink)
Summer Camp	\$500-\$700 (Based on # in room)
Gear	\$275 (Tanks, Tees, Shorts, Spandex, etc.)
Chore Fee (Cheer, Pom, Jazz)	\$475 (Due in Aug. Covers Game Day, Show ***All the cost you see below are prior to any fundraising***)
Comp Fee	\$375 (Covers all Registration fees for Comp)
NSSC FL Nationals (Varsity)	\$1,000-\$2,200 (Based on # in room and # of Days)
Nationals (JV and Group Stunts)	\$900-\$1,700 (Based on # in room and # of Days-Group Stunt cost not reflected on Cost)
Bags	\$100-\$145
Shoes	\$55-\$125 (Nike-Storming the Halls)
Stanley	\$70 (Custom with Name)
Warm-ups	\$225 (Due in Aug)
Tumbling	\$75 per month (Cheer only-Woodlands Elite)
Nike Dunks	Comp Teams Only

Please Note, All of the following above is WITHOUT booster help and or donations. We also do monthly payments on the bigger cost.

Any returning Athlete, you have the option to order the following:

- All Bows
- All Poms
- Warm ups
- Stanley

Those listed above will stay the same as last season. A google form will be sent out to athletes for ordering. Please speak with them and let them know what they will need.

Teams at Centennial High School

Varsity Cheer/Pom/JV Cheer Sideline Team 8-36 Members (Non Competition Team)

All candidates selected for the varsity team will be freshmen, sophomores, juniors, and seniors during the school year. Members will be expected to make their commitment to their team a priority and will not be able to participate on any other CeHS team until the season is over. Varsity Cheer/Pom Sideline will cheer at all home and away football games, home basketball games, school assemblies and various school and community functions. They will have one practice per week over summer to prepare for games and work on skills. The JV sideline team will cheer at all home JV Football games and Some freshmen games, including basketball season.

This Season Sideline Only team will need to attend all practice times listed.

Varsity Show Cheer Team 8-30 Members

Will attend local and national competitions selected by the coaches. Whether competition teams attend nationals are determined on a yearly basis. It is never a guarantee. The team needs to earn the privilege to compete, both with the various cheer organizations and with the coaches and school administration. **You MUST have a standing backhand spring and running back handspring (+) working to tucks to be considered for the Varsity Comp team.** If you do make the competition team, please understand you will be required to attend team tumbling classes at Woodland Elite starting in June (Additional fees apply). We also have a mandatory camp/choreography class that you must be present for this team and also comes with an additional cost. It is best to start attending Woodland Elite now and do some drop in class so you are familiar with the coaching staff. Team placement will happen after Fall tryouts. **Summer Camp will ONLY be for those that Make the Varsity Show Cheer Team**

JV Show Cheer Team 8-30 Members

Will attend local and national competitions selected by the coaches. Whether competition teams attend nationals are determined on a yearly basis. It is never a guarantee. The team needs to earn the privilege to compete, both with the various cheer organizations and with the coaches and school administration. **A standing back handspring OR running handspring is strongly preferred and you may be considered if you are working towards this skill.** If you do make the competition team, please understand you will be required to attend team tumbling classes at Woodlands Elite starting in June (Additional fees apply). We also have a mandatory camp/choreography class that you must be present for this team and also comes with an additional cost. It is best to start attending Woodland Elite now and do some drop in class so you are familiar with the coaching staff. Team placement will happen after fall tryouts.

Varsity Pom/Jazz Competition Team 5-20 members

This team will consist of experienced dancers with a **high level** of technique and training. All candidates selected on this team will be freshmen, sophomores, juniors, and seniors during the next school year. Will attend local and national competitions selected by the coaches, whether competition teams attend national are determined on a yearly basis, it is never a guarantee. The team needs to earn the privilege to compete. Pom/jazz competition team does require several elements to be placed. Examples include but not limited to quad pirouette, multiple turns in second, strong flexibility, stamina, precision, clear understanding on how to work as a team to execute timing, and working under high pressure. Team placement will happen after fall tryouts. **Summer Camp will ONLY be for those who are being considered for Comp Teams.**

Group Stunt (4-5 members)

This team(s) will be selected by coaches. Group Stunt/All-girl stunts are dynamic and athletic routines where athletes perform lifts, and tosses. These stunts typically involve one or more bases who work together to lift and support a flyer (the athlete being tossed or lifted), showcasing strength, precision, and teamwork. All-girl teams focus on perfecting timing, synchronization, and execution to create visually stunning and high-energy performances. Team placement will happen over summer and/or after fall tryouts. Grade checks will be done every week. **Change for the 26-27 Season, Athletes are only allowed to be Yellow/Red Carded ONCE. If this happens more than once you will be removed from this team. We are also taking into consideration grade checks from the 25-26 Season.**

Game Day Live (Varsity Athletes Only)

All candidates will consist of Varsity members that will compete at all AZ events and nationals. This team will also be our AIA game day team that will compete for a state title. This routine is specifically designed to energize and lead a crowd during a sporting event, typically including elements like a band chant, sideline cheers, a timeout cheer, and the school fight song, focusing on crowd engagement and high-energy movements rather than complex stunts or tumbling, all while showcasing school spirit and supporting the team on the field. We will keep the tradition with the Band.

NEW* Game Day Small (JV Athletes) 8-15 Members

All candidates will consist of JV cheer members that will compete at all USA regionals. This routine is specifically designed to energize and lead a crowd during a sporting event, typically including elements like a band chant, sideline cheers, a timeout cheer, and the school fight song, focusing on crowd engagement and high-energy movements rather than complex stunts or tumbling, all while showcasing school spirit and supporting the team on the field. Team placement will happen after fall tryouts.

Freshman Team 8-30 Members

Possibly formation of a Freshman Team based on numbers. All candidates selected on this team will be freshmen during the next school year.

Uniforms for Teams

Varsity Cheer and Pom

We will use a school game uniform provided and returned at the end of the season. Competitions Uniforms will be decided after Tryouts are completed in August.

JV / Freshman Cheer and Pom

JV Cheer/Pom will be using the school uniform. Will return at the end of the season. Competitions Uniforms will be decided after Tryouts are completed in August.

Important Dates and Reminders

In order to compete at USA / UCA / NHSCC / NDTC Nationals we must have each athlete get credentials. We only have summer camps to get this done. If you are considered by coaches for Comp Teams, you Must attend Camp!

Pom Camp – June 12th-15th 2026 at the Az Grand Resort (Phoenix, Az)

Cheer Camp – July 7th-10th 2026 at the JW Marriott Resort (Phoenix, Az)

***** The following are Tentative until we get Final Confirmation on Numbers / Choreographers *****

JV Game Day August 14th-15th 2026 (Confirmed)

Varsity Jazz August 22nd and 23rd 2026 (Confirmed)

Varsity Show Cheer Aug. 27th-30th 2026***

JV Show Cheer Sept. 1st-3rd 2026 (Confirmed)

Varsity Pom September 24th-26th 2025 (Confirmed)

Varsity Game Day/Live TBD*****

Non-Negotiables

All Spiritline athletes are required to execute the skills they have mastered and that have been choreographed into routines. Any skill demonstrated at tryouts is expected to be performed throughout the season. Failure to do so may result in the loss of a competition spot. All athletes are required to support all spiritline events that encompass other teams within the program.

Coaches Contacts

Coach	Email
Program Director / Head Cheer Coach Coach Gonzales	cargonzales@pusd11.net
Head Pom Coach Coach Marinaro	jmarinaro@pusd11.net
JV Head Cheer Coach Coach Marshall	Brmarshall@pusd11.net
JV Cheer Coach Coach Zive	czive@pusd11.net

CeHS Spiritline Packet

Athlete Name: _____

Parent(s)/Guardian Names: _____

Acknowledgment Statement:

I, the parent/guardian of the above-named student, acknowledge that I have received and reviewed the following documents:

- Social Media and Behavior Contract
- Contract Form
- Photo Consent Form
- Copy of the Demerit/Merit System
- Information Sheet with CeHS 2026-2027 Details, including financial cost and breakdown

I understand the contents of these documents and agree to comply with the policies and guidelines outlined.

Parent Signature: _____

Athlete Signature: _____